# FREQUENTLY ASKED QUESTIONS

**BUILDING A COMMUNITY WITHOUT HUNGER** 





"Please accept my grateful appreciation for the food I have received a few times from CORA. Almost every time I've visited, I had nothing to eat in my home. Nothing at all! So, you can easily understand my urgent need and know that your volunteers, staff, and contributors have made a truly generous gift to my life and health." – Fran, Siler City

## WHY DOES CORA CHOOSE TO HELP?

Approximately 11% of Chatham County families fight poverty daily. CORA (Chatham Outreach Alliance) is a place where the community comes together to help ensure that none of its neighbors go hungry. Thanks to the vision, generosity, and hard work of hundreds of individuals, businesses, churches, and organizations CORA is a thriving organization helping those facing food insecurity in our community.

#### WHO DOES CORA HELP?

Any resident of Chatham County who is facing hunger is welcome. Those who are from other counties will receive assistance on their first visit and we give them the resources to find help in their own community.

### WHEN AND HOW OFTEN CAN I GET HELP?

CORA serves any Chatham County resident who needs food. We are open for shopping Monday -Thursday, between 10 am to 2 pm, and we are open for curbside pickup on Friday between 10 am - 12 pm. Families can visit CORA twice a month.

## WHAT SHOULD I EXPECT ON MY VISIT?

CORA is a place of hope and comfort for many in our community, a respite from their struggles where there is always an empathetic ear, a supportive smile, and shelves of food to help meet their needs. We also have an easy and private registration process where we collect minimal information.

## WHAT WILL I RECEIVE ON MY VISIT?

Our community members have various shopping options, from local fresh produce, meats, dairy, bakery items, and shelf-stable staples, to personal hygiene items. Curbside pick up includes pre-packed bags with shelf-stable foods. We will supplement these staples with fresh produce, bakery items, milk, and protein when available.



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#### DOES CORA HAVE ANY OTHER FOOD ASSISTANCE PROGRAMS?

CORA strives to address food insecurity through many partnerships in Chatham County. Below is some information on our programs. For more information, please visit <u>www.corafoodpantry.org.</u>

**Mobile Market** - We currently distribute food via a drive-through model. Families stay in their cars, and prepacked groceries are placed in their vehicles. Like at the Pantry, there are various options, including fresh produce, meats, dairy, bakery items, and shelf-stable staples. We host a Mobile Market in Siler City and at Nature Trail in Chapel Hill each month.

**SNACK!** – This program distributes food to more than 1,300 kids who depend upon free or reduced-cost meals at school during the school year but have little or no replacement for this nutrition when school is not in session. SNACK! provides each participating child with 21 healthy meals each week from mid-June through mid-August.

**CORApacks** – Participating students receive food on weekends and during school breaks when school is not in session from September through June. Each child receives a monthly food box from this program, delivered to their home, and contains three meals and two snacks daily for when a child is not in school.

**Delivery to Seniors** – We work with volunteers to deliver food to home-bound seniors monthly.

#### HOW CAN I GET INVOLVED?

We have many ways that people in the community can help us fulfill our mission. If you would like to volunteer, contact Admaira Roman, Community Support Manager, at <a href="mailto:admaira@corafoodpantry.org">admaira@corafoodpantry.org</a> to learn more. Opportunities are available for both groups and individuals. CORA also deeply values both monetary and food donations. Please visit our website to find out more, or contact Rebecca Hankins at <a href="mailto:rebecca@corafoodpantry.org">rebecca@corafoodpantry.org</a>.

#### HOW DO I GET TO CORA AND WHEN ARE YOU OPEN?

We are located just off HWY 87 at 40 Camp Drive, across the street from the Chatham Community Library in Pittsboro. CORA's office hours are Monday through Friday, 9:00 am to 3:00 pm. We are open for shopping Monday -Thursday, between 10 am to 2 pm, and we are open for curbside pickup on Friday between 10 am - 12 pm.



WWW.CORAFOODPANTRY.ORG