

Research shows that access to nutritious food is the key to a healthy community where children do well in school, families thrive, and seniors do not face the stress of choosing between food and other necessities.

Join us as we work together to build a community without hunger!

- Cereal
- Pancake Mix
- Cereal Bars
- Pasta
- Pasta Sauce in Cans or Plastic Jars
- Low Sodium Canned Vegetables

Good FRUIT

soup

• Low Sugar Canned Fruit

- Apple Sauce
- Tuna
- Canned Chicken
- Canned Ham
- Soup
- Mac and Cheese

GREEN

• Rice

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HOMEMADE

PASTA